

The use of Japanese hot springs involves its own rules of etiquette.

Please read these guidelines before entering a bath for the first time.

Things to keep in mind before entering a hot spring bath :

Those with tattoos or those who engage in any of the following behaviors may not be allowed to use the hot spring baths. Also, please refrain from speaking too loudly or otherwise causing trouble for the other guests.



Bathing by those with tattoos

(This applies to public baths. You are allowed to use any private bath in your room when available.)



Wearing bathing suits



Swimming in the bath



Damaging equipment such as seats



Bathing within two hours of consuming alcohol



Eating or drinking in the bath

Hot spring baths are shared by all, so please avoid making them dirty in any way.

How to use a hot spring bath



Male



Female

The entrance to the bath is denoted by a curtain with the hot spring icon. Male and female baths are separate, so please ask the staff before entering.



Take care of your valuables, such as your smartphone, so they are not stolen.



Rinse your body before entering the bath. Fill your washbowl with water from the bath and pour it over your body. This is called Kake-yu. Start by pouring the water on your feet and then move up your body.



Enter the bath. Take care to avoid allowing your towel or hair to contact the bath.



Wash your body after leaving the bath. When doing so, sit on the seat provided and keep the shower aimed low so that you do not spray the other guests around you.



Wipe your body down after stepping out of the bath to avoid getting the changing area wet.

Be sure to dispose of any trash in the trash receptacle provided, or take it with you.

- Do not wash your body in the bath.

- Do not leave the shower or faucet running.

How to get the best out of your hot spring experience :

● There are several different types of hot springs.

Hot springs have long been appreciated for their therapeutic value in Japan, and the word Touji refers to using the hot spring as a treatment for ailments by staying for a long period of time.

● Bathers customarily greet each other when entering a bath in Japan.

When someone says Ohayou Gozaimasu (good morning) in the morning or Konnichiwa (hello) during daytime, we recommend answering in the same way.